

Respiratory Questionnaire

Name

Date

INSTRUCTIONS: Please circle the number which best describes the frequency or severity of your complaints.
Leave the question blank if it does not apply to you.
0 = RARELY OR NEVER EXPERIENCE SYMPTOM 1 = MILD 2 = MODERATE 3 = SEVERE

PART 1: Respiratory Function

Section A:

- | | | | | | |
|----|--|----|-----|---|---|
| 1 | Chronic cough | 0 | 1 | 2 | 3 |
| 2 | Breathing difficulties | 0 | 1 | 2 | 3 |
| 3 | Chest pains | 0 | 1 | 2 | 3 |
| 4 | Wheezing | 0 | 1 | 2 | 3 |
| 5 | Hypersensitive to environmental pollutants | 0 | 1 | 2 | 3 |
| 6 | Excessive mucous in throat and nose | 0 | 1 | 2 | 3 |
| 7 | Frequent sore throats | 0 | 1 | 2 | 3 |
| 8 | Work around chemicals/pollutants/radiation | 0 | 1 | 2 | 3 |
| 9 | Chronic pain around ribcage | 0 | 1 | 2 | 3 |
| 10 | Bluish color to lips and nails | 0 | 1 | 2 | 3 |
| 11 | Post nasal drip | 0 | 1 | 2 | 3 |
| 12 | Smoker (Press 0 for NO, 1 for YES) | NO | YES | | |
| 13 | Cough up blood (Press 0 for NO, 1 for YES) | NO | YES | | |
| 14 | Current bronchial/lung infection (Press 0 for NO, 1 for YES) | NO | YES | | |
| 15 | Diagnosed with asthma (Press 0 for NO, 1 for YES) | NO | YES | | |
| 16 | History of bronchitis (Press 0 for NO, 1 for YES) | NO | YES | | |
| 17 | Recurrent sinus infections (Press 0 for NO, 1 for YES) | NO | YES | | |
| 18 | Most infections settle in your lungs (Press 0 for NO, 1 for YES) | NO | YES | | |